

Greetings everyone!

Since we cannot meet in person for our annual General Membership Meeting, we've put together an update on the current state of the League. Even though we can't be interacting in our primary way, i.e. out on the ice at the moment, there's still a lot going on in the league! Please read about all of the great things our members are working on, and if you'd like to get involved, please email ncwhl.main@gmail.com for additional information.

NCWHL 2020

NEWSLETTER



NCWHL Assists! committee members include Ryan Greenlee, Maryann Bell, Ellen Haller, Eula Idemoto, and Meri Simon.

They are always looking for new volunteers and fresh ideas, so don't hesitate to reach out to one of them if you would like to help.

NCWHL ASSISTS!

NCWHL has always been more than just a hockey league! We are a community with a long tradition of volunteering and mutual support. And, in the same way we've always rallied to help each other through injuries or illness, in late April, 2020, a group of very thoughtful League members (listed on the left) saw an opportunity to make a critical difference for others in our community during this pandemic. In that spirit, the NCWHL Assists! program to inform, connect, and help our teammates was launched.

Some key actions from this group included surveying, assessing and facilitating assistance to those in need from our community as well as launching the new NCWHL Community Board to empower direct conversations and connections between community members. Examples of assistance to date include providing a ride to the airport, writing up a summary of resources on managing insomnia, and supplying mental health treatment referrals.

The League continues to inspire us with a tremendous response to those in need within our community. And if you are someone in need, we are still here for you! You can let us know by using the Community Board, or the NCWHL Assists! Survey. Both the board and the survey can be filled out multiple times.

COMMUNITY CONVOS

NCWHL Community Convos was born in the early days of the pandemic, just as the ice hockey rinks were shutting down. After reading a small item in the league newsletter that highlighted the desire to stay connected while off-ice, Ellen Haller and Maryann Bell began what has evolved into a regular, recurring weekly member forum.

Over time, Ryan Greenlee and Kayla Caldwell joined to help brainstorm new topics and manage the logistics. Lu Yang supported this effort from the beginning, posting each community convo reminder, while Andrea Tan has uploaded the video of each completed convo to our NCWHL site.



COMMUNITY CONVOS (continued)

Beginning with Ellen's initial Convo, "Navigating Uncertainty During Shelter-in-Place," to subjects such as romance writing, magic, meditation, off-ice hockey training, and professional gaming, the topics have been far-reaching in breadth. Serious issues have included an in-depth conversation on coping with PTSD, a discussion about kids and Covid, an interactive racial equity forum, and a panel of our own essential workers on the front lines.

Through it all, what has emerged is both an impressive range of talent and skill from within our community, as well as an equally remarkable display of our deep connection to each other. Twenty plus Convos later, we're still learning from each other, sharing the moment, and celebrating all that is special within our wonderful hockey community.

If you have a great topic idea for Community Convos, please fill out this [NCWHL Community Convo Survey](#).
Want to hear a Convo you missed? Check out the recording of each Convo on the NCWHL homepage: ncwhl.com.



RETURN TO PLAY

On July 22nd, the Board held a discussion as part of the Community Convos Series about return-to-play scenarios. Right now, organized adult recreational hockey is not permitted by the county of San Mateo nor the State of California. As soon as either governing body allows indoor recreational sports and once Nazareth Ice Oasis' return to play plans are approved by said group, we'll notify the league of Registration being opened. Once available, the waiver and list of NCWHL expectations for playing will be shared via the NCWHL Weekly and posted on our website (www.ncwhl.com). We'll aim to have this ready prior to Registration opening so that you can make the most informed decision possible about playing. Once we have the latest rules of operation for the facility (i.e. Nazareth Ice Oasis) we'll also share that in the Weekly and on the website. As a reminder, the playing format will be an 8 vs. 8 pick-up style scrimmage.

NCWHL

BOARD

President: Whitney Kirschbrown

Vice President: Laura Rinde

Secretary: Lucinda Yang

Treasurer: Katherine Yoshii

Goalie Coordinator: Nicky Robinson

Green Coordinator: Amanda Anderson

Red Coordinator: Andrea Tan

Maroon Coordinator: Barb Weiss

Blue Coordinator: Sheri Oberleas

No nominations for Board positions were received.

The individuals above are confirmed through start of 2021 Summer season.

VOLUNTEERS & COORDINATORS

Coach: Currently open

Community Outreach: Eula Idemoto

Director of Officials: Craig McDaniel

Gear: Katie Duck

Give Hockey a Try Day (GHATD): Sevon Aamo

Jersey: Jersy Huang

Placement: Liz Tan

Schedule: Nora Grasham

Scorekeeper: Nicole White

USA Hockey: Gladys Mercier

Contact information for the Board and Volunteers may be found at ncwhl.com/contact/